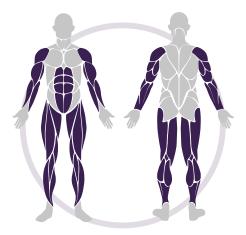


## DATA SHEET

# CROSS CYCLE

The Cross Cycle promotes lower limb movement, and flexion and extension of the upper limbs. This exercise will promote strengthening of the thigh and shoulder muscles and improves aerobic fitness.

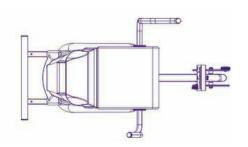




**Targeted areas:** Abdominals, Upper & Lower Arm, Legs.



## **Technical Specifications**







4.3" touch screen console offering both manual and programme options



Power assisted (plug and play installation)



**Dimensions:** W70cm x D140cm x H130cm



Weight: 90kg



**Electrical Specification:** Voltage: 220V/240V (110V-USA) Amps: 3 Amps per Table Plug Cable Length: 1.5 metre



#### Upholstery:

Side Panels: High impact resistant ABS plastic



### Covers:

Flame retardant vinyl and resistant to bacteria and moisture EN 1021-&2









